

You're covered from day one



Inside are some health care services you can access immediately after joining a Banner|Aetna plan — without paying a copay or meeting your deductible.



Unlock all of the features of your plan by registering for your member portal at **BannerAetna.com**

BannerAetna.com



Banner|Aetna is the brand name used for products and services provided by Banner Health and Aetna Health Insurance Company and Banner Health and Aetna Health Plan Inc.

Welcome to an insurance plan with **benefits** that you can access **at no cost** from day one!



Medical care — at no member cost

Banner | Aetna members have access to **care at no cost**, without having to meet deductible first.



Annual preventive exams¹

You are covered for annual preventive care services at no extra cost through our health plan when using a physician or provider within our network. Coverage includes:

- Regular checkups for adults
- Routine gynecological exams for women
- Wellness exams for children

Request an annual physical exam when making an appointment.



The Virta treatment⁵

Members with type 2 diabetes now have access to Virta's Diabetes Reversal program. Get care online through a smartphone app from a physician-led care team including a personal health coach.

See if you qualify for Virta at VirtaHealth.com/Join/BannerAetna



Select medications* and immunizations

- Aspirin for women at risk of preeclampsia and adults ages 50 – 69 with certain heart risk factors²
- Low-dosage statins to treat high cholesterol
- Tobacco-cessation medicine
- Covered immunizations for select medical conditions

Call the number on the back of your ID card for assistance confirming these benefits.

Medical care — at no or low cost

Banner | Aetna members have access to **care at no cost (or low cost for qualified high deductible plans)**, without having to meet deductible first.



Virtual primary care anywhere through 98point6^{3,5}

You get the benefit of a health care provider who can plan treatment options, order lab work, refer you to a specialist and even order prescriptions through the convenience of text messaging with one app.

- If you're feeling unwell simply sign in and start a visit with a 98point6 board-certified doctor 24/7/365
- Physicians treat chronic conditions, primary care concerns, provide treatment plans and order labs and prescriptions
- Members with a high deductible health plan pay \$5 out of pocket per visit — all others plans pay \$0

Download and log in to the **98point6 app** once your coverage is effective.



MinuteClinic® visits^{4,5}

MinuteClinic makes it easier to get the care you need when and where you need it — not just for preventive care.

- MinuteClinic is a walk-in clinic at select CVS Pharmacy® locations nationwide
- MinuteClinic health care providers treat a variety of illnesses, injuries and conditions, and can write prescriptions when medically appropriate
- Members with a high deductible health plan pay a low copay per visit, all other plans pay \$0

Log in to your Banner | Aetna member portal to find locations and schedule your appointment.

Support services — at no member cost

Banner | Aetna members have access to additional educational and support resources.



Multi-Disciplinary Care Team (MDCT)⁵

The MDCT is made up of social workers, pharmacists, dietitians and more. These specialists work together to ensure you are provided with the most effective care and support for complex conditions.

For more information, contact the number on the back of your ID card.



Banner Nurse On-Call⁶

Our Nurse On-Call is here to give you medical assistance from home. A registered nurse can provide home treatment advice as well as referrals to treatment locations 24/7.

Contact the Nurse On-Call at **1-888-747-7990 (TTY:711)**.



The Attain® app for Banner | Aetna⁵

This app helps you follow your own path to better health. It takes your unique health history, combines it with your wearable device activity and offers you personalized goals, achievable actions and motivating rewards.

Download the **Attain app** and enroll now.



Discount programs⁷

Spend less and live more with quality health services for a lower price. Discounted services include eyewear, exams, gym memberships, natural therapy and more.

Ready to browse and buy? Just log in to your member portal and look under "discount program."



Health Connections™ disease management program⁵

We have a program to help you follow your doctor's treatment plan — your way. Find out about our network of online coaching and nurse services.

Contact the number on the back of your ID card for more information.



Simple Steps to a Healthier Life® program⁵

You have access to health coaching, starting with an online survey that provides program referrals to explore all options for healthier living.

Log in to your Banner | Aetna member portal to get started.



Mental Wellbeing Resource Center

Nothing should stand in the way of your mental wellbeing. To support you, we designed an online page listing contact information for mental health resources. Many programs have no member cost.

Go to the Member Resources section of your Banner | Aetna member portal for more information.



Banner | Aetna Maternity Support Center

If you are planning a pregnancy, you have access to additional support. We're here to provide the answers and tips you need to ensure a successful pregnancy.

Go to the Member Resources section of your Banner | Aetna member portal for more information.



Cancer Support Center

Whether you've recently been diagnosed or are preparing for treatment for yourself or others, the Cancer Support Center is here to help you along the way.

Go to the Member Resources section of your Banner | Aetna member portal for more information.



Diabetes Care Support Center

If you are living with diabetes, you have additional resources to help manage your condition and find the right health care specialists.

Go to the Member Resources section of your Banner | Aetna member portal for more information.

BannerAetna.com



¹ Preventive care at no cost share covered in accordance with the Affordable Care Act.

² Subject to age restrictions.

³ 98point6 is a registered trademark of 98point6 Inc. 98point6 and 98point6 physicians are independent contractors and are neither agents nor employees of Banner|Aetna or plans administered by Banner|Aetna.

⁴ Includes select MinuteClinic services. Not all MinuteClinic services are covered. Please consult benefit documents to confirm which services are included. Members enrolled in qualified high-deductible health plans must meet their deductible before receiving covered non-preventive MinuteClinic services at no cost-share. However, such services are covered at negotiated contract rates. This benefit is not available in all states and on indemnity plans.

⁵ Included in most plans, call the number on the back of your ID card to confirm.

⁶ While only your doctor can diagnose, prescribe or give medical advice, the Banner Nurse On-Call nurses can provide information on a variety of health topics.

⁷ **DISCOUNT OFFERS ARE NOT INSURANCE.** They are not benefits under your insurance plan. You get access to discounts off the regular charge on products and services offered by third-party vendors and providers. Banner|Aetna makes no payment to the third parties — you are responsible for the full cost. Check any insurance plan benefits you have before using these discount offers, as those benefits may give you lower costs than these discounts. Discount vendors and providers are not agents of Banner|Aetna and are solely responsible for the products and services they provide.

Discount offers are not guaranteed and may be ended at any time. Banner|Aetna may get a fee when you buy these discounted products and services.

*Brand-name contraceptive drugs, methods or devices are only covered with no member cost sharing under certain limited circumstances, including when required by your doctor due to medical necessity.

This plan does not cover all health care expenses and includes exclusions and limitations. Members should refer to their plan documents to determine which health care services are covered and to what extent.

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