

Inside are some health care services you can access immediately after joining a Banner|Aetna plan — without paying a copay or meeting your deductible.



Unlock all of the features of your plan by registering for your member portal at **BannerAetna.com**

BannerAetna.com



Welcome to an insurance plan with **benefits** that you can access at no extra cost from day one!

Medical care — at no extra cost

Banner | Aetna members have access to care at no **extra cost**, without having to meet deductible first.



Annual preventive exams*

You are covered for annual preventive care services at no extra cost through our health plan when using a physician or provider within our network. Coverage includes:

- · Regular checkups for adults
- Routine gynecological exams for women
- Wellness exams for children

Request an annual physical exam when making an appointment.



The Virta treatment

Members with type 2 diabetes now have access to Virta's Diabetes Reversal program. Get care online through a smartphone app from a physician-led care team including a personal health coach.

See if you qualify for Virta at VirtaHealth.com/Join/BannerAetna



Select medications* and immunizations

- Aspirin for women at risk of preeclampsia and adults ages 50 – 69 with certain heart risk factors
- Low-dosage statins to treat high cholesterol
- Tobacco-cessation medicine
- Covered immunizations for select medical conditions

Call the number on the back of your ID card for assistance confirming these benefits.



Medical care — at low-to-no-cost

Banner | Aetna members have access to care at low-to-no-cost without having to meet deductible first.



Virtual primary care anywhere through 98point6 by Transcarent

You get the benefit of a health care provider who can plan treatment options, order lab work, refer you to a specialist and even order prescriptions* through the convenience of text messaging with one app.

- If you're feeling unwell simply sign in and start a visit with a board-certified doctor 24/7/365
- Physicians treat chronic conditions, primary care concerns, provide treatment plans and order labs and prescriptions*
- Members with a high deductible health plan pay a low copay per visit, all other plans pay \$0*

Download and log in to the **98point6 by Transcarent app** once your coverage is effective.



MinuteClinic® visits*

MinuteClinic makes it easier to get the care you need when and where you need it — not just for preventive care.

- MinuteClinic is a walk-in clinic at select CVS Pharmacy[®] locations nationwide
- MinuteClinic health care providers treat a variety of illnesses, injuries and conditions, and can write prescriptions when medically appropriate
- Members with a high deductible health plan pay a low copay per visit, all other plans pay \$0

Log in to your Banner | Aetna member portal to find locations and schedule your appointment.



Banner | Aetna members have access to additional educational and support resources.



Care Advocate Team

The care advocate team is made up of social workers, pharmacists, dieticians and more. These specialists work together to ensure you are provided with the most effective care and support for complex conditions.

Contact the number on the back of your ID card for more information.



Our Nurse On-Call is here to give you medical assistance from home. A registered nurse can provide home treatment advice as well as referrals to treatment locations 24/7.

Contact the Nurse On-Call at 1-888-747-7990 (TTY:711)



Discount programs*

Spend less and live more with quality health services for a lower price. Discounted services include eyewear, exams, gym memberships, natural therapy and more.

Ready to browse and buy? Just log in to your member portal and look under "discount program."



Digital Pathways

If you want to eat better, be more active, or take charge of your health, we offer online coaching support and personalized health actions tailored to you. You decide the tone, pace, and when to engage—putting you in control of your wellness journey.

Log in to your Banner | Aetna member portal to get started.



Aetna Health Your Way™ program

You have access to a personal wellness program that can help you better understand, address, and improve vour overall health.

Log in to your Banner | Aetna member portal to get started.



Mental Wellbeing Resource Center

Nothing should stand in the way of your mental wellbeing. To support you, we designed an online page listing contact information for mental health resources. Many programs have no extra cost.

Go to the Member Resources section of your Banner | Aetna member portal for more information.



Banner | Aetna Maternity Support Center

If you are planning a pregnancy, you have access to additional support. We're here to provide the answers and tips you need to ensure a successful pregnancy.

Go to the Member Resources section of your Banner | Aetna member portal for more information.



Cancer Support Center

Whether you've recently been diagnosed or are preparing for treatment for yourself or others, the Cancer Support Center is here to help you along the way.

Go to the Member Resources section of your Banner | Aetna member portal for more information.



Diabetes Care Support Center

If you are living with diabetes, you have additional resources to help manage your condition and find the right health care specialists.

Go to the Member Resources section of your Banner | Aetna member portal for more information.



*FOR ANNUAL PREVENTIVE EXAMS: Preventive care at no cost share covered in accordance with the Affordable Care Act.

*FOR SELECT MEDICATIONS: Brand-name contraceptive drugs, methods or devices are only covered with no member cost sharing under certain limited circumstances, including when required by your doctor due to medical necessity. Subject to age restrictions.

*FOR 98POINT6 BY TRANSCARENT PRESCRIBING: 98point6 by Transcarent providers do not prescribe controlled substances (such as principle).

opioids), lifestyle medications (such as Viagra and Propecia) or weight loss medications (Wegovy or Ozempic).

*FOR LOW-TO-NO-COST WITH 98POINT6 BY TRANSCARENT: Members enrolled in a health savings account (HSA) or qualified high-deductible health plan (HDHP) must pay the applicable cost-share for virtual care visit until their deductible is met, after which services will be provided at no cost-share. All other health plan members pay \$0 per virtual care visit regardless of whether their deductible has been met. Please refer to your plan documents for your applicable cost-share amounts.

*FOR MINUTECLINIC SERVICES: Includes select MinuteClinic services. Not all MinuteClinic services are covered. Please consult benefit documents to confirm which services are included. Members enrolled in qualified high-deductible health plans must meet their deductible before receiving covered non-preventive MinuteClinic services at no cost-share. However, such services are covered at negotiated contract rates. This benefit is not available in all states and on indemnity plans. Subject to change.

*FOR NURSE ON-CALL: While only your doctor can diagnose, prescribe or give medical advice, the Banner Nurse On-Call nurses can provide information on a variety of health topics.

Programs are included in most plans, call the number on the back of your ID card to confirm.

Banner | Aetna is the brand name used for products and services provided by Banner Health and Aetna Health Insurance Company and Banner Health and Aetna Health Plan Inc.

DISCOUNT OFFERS ARE NOT INSURANCE. They are not benefits under your insurance plan. You get access to discounts off the regular charge on products and services offered by third-party vendors and providers. Banner | Aetna makes no payment to the third parties — you are responsible for the full cost. Check any insurance plan benefits you have before using these discount offers, as those benefits may give you lower costs than these discounts. Discount vendors and providers are not agents of Banner | Aetna and are solely responsible for the products and services they provide.

Discount offers are not guaranteed and may be ended at any time. Banner | Aetna may get a fee when you buy these discounted products and services.

For your best health, we encourage you to have a relationship with a primary care physician or other doctor. Tell them about your visit to MinuteClinic, or MinuteClinic can send a summary of your visit directly to them.

Programs are included in most plans, call the number on the back of your ID card to confirm.

This plan does not cover all health care expenses and includes exclusions and limitations. Members should refer to their plan documents to determine which health care services are covered and to what extent.

Virta is available to members 18 years or older who are enrolled in an eligible health plan through Banner | Aetna. This benefit is currently being offered to those with type 2 diabetes. Some employers are offering type 2 diabetes, prediabetes, or sustainable weight loss (BMI requirements vary per employer) programs. There are some medical conditions that would exclude patients from the Virta treatment. Start the application process now to find out if you qualify.

98point6 by Transcarent is available to members age 1-17 when an adult parent or guardian is also enrolled in the plan. Access to 98point6 by Transcarent is not included in all plans.

98point6 by Transcarent and Transcarent Clinic clinicians are independent contractors and are neither agents nor employees of Banner|Aetna or plans administered by Banner|Aetna, and does not guarantee that a prescription will be written. Transcarent Clinic providers will not prescribe DEA-controlled substances, non-therapeutic drugs and certain other drugs that may be harmful because of their potential for abuse. Clinicians reserve the right to deny care for potential misuse of services.

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