



Simple ways to manage your diabetes



Take
control

BannerAetna.com

Take care of you.

Check your blood sugar levels.

If you have diabetes, it's best to check your blood sugar levels regularly. You may save money if you use a test strip that is preferred under your pharmacy plan. Plus, you may be eligible for one no-cost blood glucose monitor every 365 days.*

Make it easier with a monitor.

Here's how you can get one:

- 1 To find out which test strips are preferred under your pharmacy plan, and how to order a monitor, call **1-844-286-2174 (TTY: 711)**.
- 2 Talk with your health care provider to be sure which monitor and test strips are right for you.
- 3 Ask for a prescription for the test strips.

Easily ask for more test strips.

To get a prescription for more test strips, just ask your doctor. Then, choose to do any of the following:

- Get a 30-day supply at a network retail pharmacy.
- Get up to a 90-day supply using your home delivery pharmacy.**
- Use a durable medical equipment (DME) supplier in the Aetna® network.***

To find a network pharmacy or supplier, log in at **BannerAetna.com**. Or call the number on your member ID card.

Managing your diabetes may be easier than you think. To find out how you may save on testing supplies, call **1-844-286-2174 (TTY: 711)**.

*Blood glucose monitors are provided by the manufacturer. Choice of monitors is subject to change.

**Check your plan for details. Not all pharmacy plans offer mail-order delivery. Under some plans, retail pharmacies can dispense up to 90-day supplies, but there may be limitations.

***There may be limitations. Not all medical plans offer a DME benefit. Check the materials that come with your plan for details.

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